### **HEPATITIS C: FROM THREAT TO CURE**

Hepatitis C Virus (HCV) is the most common blood-borne infection in the US and a leading cause of liver failure and cancer. **3-5 million** in the US have been infected and **1-1.5** million don't know that they still have the infection.

#### **WHY PRIMARY CARE?**

The growing epidemic of HCV in the US highlights the need for **early detection** and **treatment**.

HCV treatment with Direct Acting Antiviral (DAA) therapy is highly effective with minimal side effects.

Studies show primary care providers are **as effective as specialists** in managing most cases of HCV.

#### TREATMENT PLAN

- Screen with HCV Antibody with reflex to RNA Quant
- **Stage** disease severity with blood tests and FIB-4 measure (non-invasive tool for measuring liver damage using lab results).
- Manage patients by offering counseling to reduce risks, remove stigma, and offer hope. Address factors that worsen liver: alcohol use, HIV, hepatitis A or B.
- Treat patients with DAAs in as few as 8 weeks with little to no side effects.



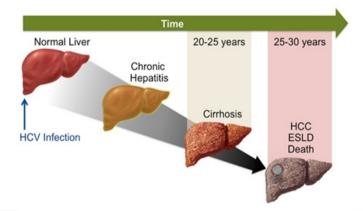




# HCV PREVALENCE AND EFFECTS

- HCV is 4 times more prevalent than HIV and hepatitis B
- 60-80% of acute cases become a chronic infection with few or no symptoms for many years
- HCV can lead to fibrosis, cirrhosis, and Hepatocellular Carcinoma (HCC)
- Centers for Disease Control recommends screening everyone over the age of 18 at least once, especially those with risk factors such as:
  - Intravenous Drug use
  - Tattoo in unregulated setting
  - Incarceration
  - Blood transfusion before 1992
- Younger adults 20-39 years old have the highest rates of new hepatitis C cases

## PROGRESSION



Remember: There is a cure!